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<http://reiki30.weebly.com>

Ethereal Capsaicin

I created this system as Capsaicin is useful for pain relief, as an anti inflammatory, use for sinus problems etc. Capsaicin is what give chillies their heat. Therefore DON'T use this system on the eyes. Use this system to infuse drinks, items etc.

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state “**I am now ready to receive the Ethereal Capsaicin attunement sent to me by (Lynda Ward or Teachers Name)**”.

To Use:

Mentally or aloud state just once: **Ethereal Capsaicin**

In Person: Mentally or aloud state just once **Ethereal Capsaicin**

Self Healings: Mentally or aloud state just once **Ethereal Capsaicin**

Distance: “(RECIPIENT(S)) will now receive an Ethereal Capsaicin Distance Healing”

To Infuse items etc: Hold in hands or look at item for 5 seconds while stating aloud
“This (ITEM) will now be infused with (1-100%) Capsaicin”

I like to make my systems as simple as possible. Hope they are of benefit. Hope they aid you on your spiritual path.
Any feedback: email me wardlynda (at) ymail (dot) com

Namaste
Lynda