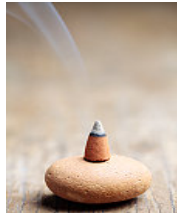




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<http://www.lyndacward.com>
www.cyberward.org.uk

Incense Cone Magick



This system was created to **make ANY incense cone into a proxy for those who need healing. So as the cone burns, the recipients health issues are alleviated/eliminated.** Each cone can be made into a proxy for several recipients. This system is **ONLY** for use with cones, as they are small enough to fit between your palms. **NEVER leave burning cones unattended.**

Once you have used this system on incense cones, you can then i.e.:

1. Give cones to recipient (for bday/xmas gifts etc...) to burn when they wish.
 2. Burn them at your convenience.
- Etc.....

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **“I am now ready to receive the Incense Cone Magick attunement sent to me by (Lynda Ward or Teachers Name)”**.

To Use:

Hold incense cone between your palms. Mentally or aloud state: **“This incense cone is now a proxy for (RECIPIENT)”** x3. (Repeat this for each recipient, several per cone).

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me: wardlynda (at) ymail (dot) com

Namaste
Lynda