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<http://reiki30.weebly.com>

PSORIASIS RELIEF

I created this system because I myself suffer from mostly scalp psoriasis. The gross flakes, redness and constant itching are just soooooo annoying. Having short hair (which I've always preferred), for me does help. It doesn't take long to wash my hair. When I had long hair I just couldn't do it myself. It would make my already dodgy shoulders agony. This system was created to alleviate the symptoms of any kind of psoriasis.

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **"I am now ready to receive the Psoriasis Relief attunement sent to me by (Lynda Ward or Teachers Name)"**.

To Use:

Mentally or aloud state: **"Psoriasis Relief"**

In Person:

Have hands over problem area and mentally state **"Psoriasis Relief"**

Self Healings:

Have hands over problem area and mentally state **"Psoriasis Relief"**

Distance: **"(RECIPIENT) will now receive a Psoriasis Relief Distance Healing"**

I like to make my systems as simple as possible. Hope they are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me wardlynda (at) ymail (dot) com

Namaste
Lynda