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<http://www.lyndacward.com>  
<http://reiki30.weebly.com>

### Reiki Ball

This system works just via distance by stating your intent.

This system was setup to create and send a Chi Ball full of Reiki energy to the recipient. To help the recipient with healing etc..... I personally struggle with visualizing, so this system was setup to basically skip that part and to help others that may struggle with visualization etc..... The recipient then calls in the Reiki Ball when ready, like with any other Chi Ball.

ANYONE can call this in/use system.

**To attune others:** You do need to be at least Reiki Master/Teacher Level.  
Use your own preferred method to attune others.

#### **To Receive Attunement:**

Just relax and state **“I am now ready to receive the Reiki Ball attunement sent to me by (Lynda Ward or Teachers Name)”**.

#### **To Use:**

**Distance:** “(RECIPIENT) will now receive a Reiki Ball for (REASON, i.e. Healing)”

Then when you feel that the energy has stopped (i.e. no more tingles in your hands etc).....

#### **Instruct your recipient to call in the Chi Ball when ready, by them stating:**

**“I am now ready to receive the Reiki Ball sent to me by (Lynda Ward or Practitioners Name)”**

I like to make my systems as simple as possible. Hope they are of benefit. Hope they aid you on your spiritual path.  
**Any feedback:** email me - wardlynda (at) ymail (dot) com

Namaste  
Lynda