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<http://reiki30.weebly.com>

## **SKIN REPAIR**

I created this system for use on: cuts, scratches, blemishes, bruises, acne, scars, scabs, grazes, pet (i.e. cat) scratches, paper cuts, moles etc. Any skin related problem. This system can be used for general all over repair, just by saying aloud or mentally (3 times): Skin Repair.

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.

### **To Receive Attunement:**

Just relax and state “**I am now ready to receive the Skin Repair attunement sent to me by (Lynda Ward or Teachers Name)**”.

### **To Use:**

**For General Use:** Mentally or aloud state 3 times: **Skin Repair**

**In Person:** Have your hands over problem area. Mentally or aloud state 3 times Skin Repair.

**Self Healings:** Have your hands over problem area. Mentally or aloud state 3 times Skin Repair.

**Distance:** Say aloud or mentally “(RECIPIENT(S)) will now receive a 'Skin Repair Distance Healing”