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<http://www.lyndacward.com>  
[www.cyberward.org.uk](http://www.cyberward.org.uk)

### Triquetra Reiki



This system was created to **instantly infuse any Triquetra image or Triquetra item with Love, Healing & Protection**. The Triquetra is used when there's 3 of something. For this system ANY Triquetra image/charm etc... can be made into a permanent love/healing/protection symbol. I've always been into the TV show Charmed, which has the Triquetra on the BOS. This refers to 3 sister Witch's working as one.

ANYONE can call this in/use system.

**To attune others:** You do need to be at least Reiki Master/Teacher Level.  
Use your own preferred method to attune others.

#### **To Receive Attunement:**

Just relax and state **“I am now ready to receive the Triquetra Reiki attunement sent to me by (Lynda Ward or Teachers Name)”**.

#### **To Use:**

Hold item/image between palms. Mentally or aloud state: **“Triquetra Reiki” x3**.

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

**Any feedback:** email me: wardlynda (at) ymail (dot) com

Namaste  
Lynda

I'm now (as of 17/7/2012) a Reverend through the Universal Life Church