

A new Reiki system (my 4th so far), channelled by Lynda Ward RH, INHA (Grand Master)



CTD Relief aka Connective Tissue Disorder Relief

I've wanted to create a system for some time now that dealt with multiple joint problems etc. I, myself have been diagnosed with Ehlers Danlos Syndrome Type 3. I struggle, during flare ups to do even 2 hours Admin. work. What was a 10 minute commute (walk) is now more like 25 minutes each way on occasion.

I created this system to alleviate symptoms associated with disorders like:

Ehlers Danlos Syndrome (Any Type)
Marfan Syndrome
Fibromyalgia
Etc.....

Associated symptoms include:

Fatigue
Chronic pain/fatigue
Sleep problems
Crippling muscle spasms
Bladder/Bowel problems
Internal organs may also be affected
Hypermobility
Etc.....

Facts about this particular attunement:

NO pre-requisites – ANYONE can call this in
Pass on attunement in whichever way you prefer to use, charge what you like for system
Re: Fees - 3 ways I prefer to work: Offer FREE Attunements, Energy Exchange or Donation
Activate by thinking: CTD Relief (multiple times daily, if needed)

To call in attunement:

Relax & state aloud: “I am now ready to receive the CTD Relief attunement sent to me by
(Lynda Ward or YOUR Teachers Name)”