




**EXAMPLE OF HOW TO FILL IN FORM**

Attunement Symbol		TO CREATE SYSTEM: (RELAX/MEDITATE)	PRIVATE SYSTEM Y/N	N	SYSTEM NAME
(SYMBOL TO THE RIGHT) – Draw with fingers a few times or visualize symbol 		STATE - "Dear Higher Self I want to receive an attunement to .....			Body Detox
		detox the body"	PDF CREATED Y/N	Y	
		TO SETUP DISTANCE ATTUNEMENT:	SETUP SYSTEM Y/N	Y	
		STATE - "Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen. I ask that all those that request it in my name be attuned to (SYSTEM NAME) in it's entirety, at their convenience and to the strongest energies that they can handle. So be it"	DISTANCE ATTUNEMENT SETUP Y/N	Y	
		COMPLETED Y	Y		
(SYMBOL TO THE RIGHT) – Draw with fingers a few times or visualize symbol 		TO CREATE SYSTEM: (RELAX/MEDITATE)	PRIVATE SYSTEM Y/N	N	CTD Relief
		STATE - "Dear Higher Self I want to receive an attunement to .....			
		alleviate symptoms of Connective Tissue Disorders"	PDF CREATED Y/N	Y	
		TO SETUP DISTANCE ATTUNEMENT:	SETUP SYSTEM Y/N	Y	
		STATE - "Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen. I ask that all those that request it in my name be attuned to (SYSTEM NAME) in it's entirety, at their convenience and to the strongest energies that they can handle. So be it"	DISTANCE ATTUNEMENT SETUP Y/N	Y	
COMPLETED Y	Y				
(SYMBOL TO THE RIGHT) – Draw with fingers a few times or visualize symbol 		TO CREATE SYSTEM: (RELAX/MEDITATE)	PRIVATE SYSTEM Y/N	N	Eye Repair
		STATE - "Dear Higher Self I want to receive an attunement to .....			
		Eye Repair" - IF SYSTEM NAME IS ALREADY KNOWN	PDF CREATED Y/N	Y	
		TO SETUP DISTANCE ATTUNEMENT:	SETUP SYSTEM Y/N	Y	
		STATE - "Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen, Hon Sha Ze Sho Nen. I ask that all those that request it in my name be attuned to (SYSTEM NAME) in it's entirety, at their convenience and to the strongest energies that they can handle. So be it"	DISTANCE ATTUNEMENT SETUP Y/N	Y	
COMPLETED Y	Y				