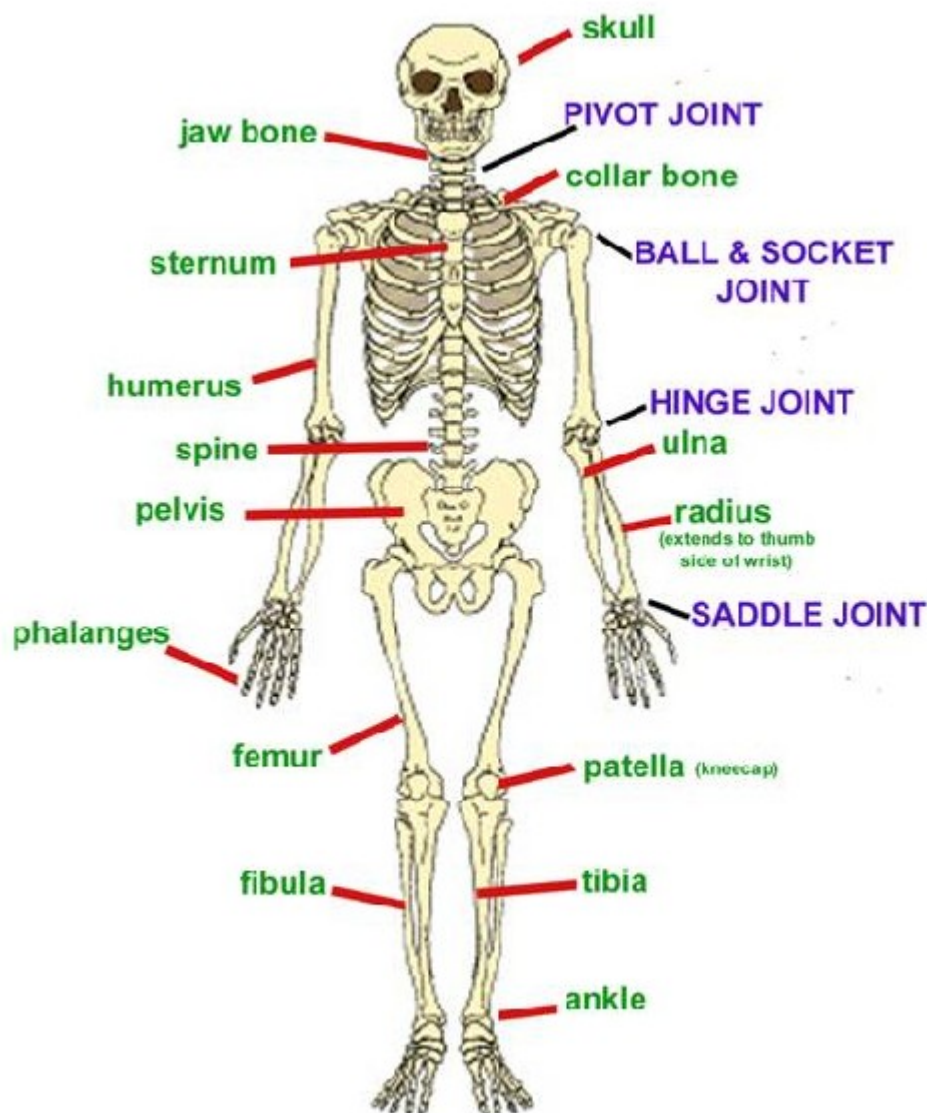


Founder: Lynda Ward (Reiki30) - My 1st ever system

Visit: <http://reiki30.weebly.com>

Joint Pain Management



A Reiki system for easing joint pain.

A FREE system, and always remain a FREE attunement. Due to this being my 1st system ever :-)

Founder: Lynda Ward
Lineage: Lynda Ward – YOU

A Reiki modality created to ease any kind of joint pain 24 hours a day, 7 days a week.

I set up this system due to having joint problems myself. I have had shoulder problems for over 10 years (shoulders prone to easily dislocating) and have had knee problems since birth (born with disfigured knees).

This is the 1st ever system that I have set up, therefore any feedback would be greatly appreciated. Email:
wardlynda@ymail.com

To receive attunement:

“I am now ready to receive the Joint Pain Management attunement sent to me by (Lynda Ward or Teacher's name)”

Activating isn't really needed as I created this system to provide 24/7 pain management. But if you feel you would like to re-activate energy:

To activate, simply state silently or aloud:

'Joint Pain Management'

To pass on attunement:

Use whichever method you prefer. I personally use the 'Intention method', but it's up to you if you want to use Chi Ball etc.