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<http://reiki30.weebly.com>

### Loss Reiki



I created this system to help with the grieving process after the loss of a loved one (human or animal). Years ago (Aug. 2000) before I even knew of Reiki, my dog Tommy (1<sup>st</sup> left of pic) was put to sleep. I love & still miss him to this day. He was a complete 'odd ball'. Everyone loses family members/friends/pets etc.....

Have you/others lost a family member/friend etc?  
Has your/others beloved pet died?

ANYONE can call this in/use system.

**To attune others:** You do need to be at least Reiki Master/Teacher Level.  
Use your own preferred method to attune others.

### To Receive Attunement:

Just relax and state **“I am now ready to receive the Loss Reiki attunement sent to me by (Lynda Ward or Teachers Name)”**.

### To Use:

**In Person:** Mentally think 3 times 'Loss Reiki'.

**Self Healings:** Mentally think 3 times 'Loss Reiki'.

**Distance:** **“(RECIPIENT(S)) will now receive a Loss Reiki Distance Healing”**

I like to make my systems as simple as possible. Hope they are of benefit. Hope they aid you on your spiritual path.  
**Any feedback:** email me wardlynda (at) ymail (dot) com

Namaste  
Lynda