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<http://www.lyndacward.com>
www.cyberward.org.uk

Love Hearts Reiki



This system was created on Valentine's Day 2013. As a way to **charge & infuse ANY image of love hearts with masses of loving & Reiki energies**. These images can then be used:

1. Attach image facing inward on your drink bottles, to charge drinks.
2. Via online sites, create i.e. coasters/business cards. Inc. image. Then charge image.
Etc.....

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **“I am now ready to receive the Love Hearts Reiki attunement sent to me by (Lynda Ward or Teachers Name)”**.

To Use:

Place image between your palms. Mentally or aloud state: **“Love Hearts Reiki” x3**

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me: wardlynda (at) ymail (dot) com

Namaste
Lynda

I'm now (as of 17/7/2012) a Reverend through the Universal Life Church