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<http://www.lyndacward.com>  
[www.cyberward.org.uk](http://www.cyberward.org.uk)  
<http://reiki30.weebly.com>

### **Myelin Repair**

This system was created to **repair & restore the bodies Myelin layer as much as possible**. This system was created as a result of an email query. Myelin is essential for proper functioning of the Nervous System. It can cause a number of problems, see: [Wiki Myelin](http://en.wikipedia.org/wiki/Myelin) (or visit: <http://en.wikipedia.org/wiki/Myelin>).

ANYONE can call this in/use system.

**To attune others:** You do need to be at least Reiki Master/Teacher Level.  
Use your own preferred method to attune others.

#### **To Receive Attunement:**

Just relax and state **“I am now ready to receive the Myelin Repair attunement sent to me by (Lynda Ward or Teachers Name)”**.

#### **To Use:**

##### **In Person:**

While working on client, mentally or aloud state: **“(RECIPIENT) Myelin Repair”**

##### **Self Healings:**

Mentally or aloud state: **“Myelin Repair”**

**Distance:** **“(RECIPIENT) Myelin Repair”**

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

**Any feedback:** email me: wardlynda (at) ymail (dot) com

Namaste  
Lynda