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Op Recovery

I created this system to speed up recovery from ANY surgery for humans or pets. I created this system while my bestest ever mate was having surgery.

Use this system as soon as ANY surgery (on humans or pets) has been completed or as soon as possible.

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **“I am now ready to receive the Op Recovery attunement sent to me by (Lynda Ward or Teachers Name)”**.

To Use:

In Person:

While working on client, mentally or aloud state: **Op Recovery**

Self Healings:

Have hands over problem area, mentally or aloud state: **Op Recovery**

Distance: **“(RECIPIENT) will now receive an Op Recovery distance healing”**

I like to make my systems as simple as possible. Hope they are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me wardlynda (at) ymail (dot) com

Namaste
Lynda