



© Reiki Grand Master Lynda Ward RH, INHA

<http://www.lyndacward.com>

www.cyberward.org.uk

<http://reiki30.weebly.com>

Pin Point Energies

This system was created to **permanently emit healing energies from ANY finger. To heal small, specific areas.** This system will be useful to pin point small areas that need healing, such as a cut, scratch, bruise etc....

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.

Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **“I am now ready to receive the Pin Point Energies attunement sent to me by (Lynda Ward or Teachers Name)”**.

To Use:

In Person:

While working on client - Touch specific area and mentally or aloud state: **Pin Point Energies** as often as needed.

Self Healings:

Touch specific area and mentally or aloud state: **Pin Point Energies** as often as needed.

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me: wardlynda (at) ymail (dot) com

Namaste
Lynda