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<http://www.lyndacward.com>
www.cyberward.org.uk
<http://reiki30.weebly.com>

Universal Healing

This system was created to **receive healing from the Universe & the Angelic, Spirit & Fairy Realms.**

Has someone you know suffered a stroke/bleed on brain etc.....?
Is a friend/loved one ill?
Want to send a healing to a loved one/friend/client?
Is a loved one/client/friend in constant chronic pain?
Etc.....

ANYONE can call this in/use system.

To attune others: You do need to be at least Reiki Master/Teacher Level.
Use your own preferred method to attune others.

To Receive Attunement:

Just relax and state **“I am now ready to receive the Universal Healing attunement sent to me by (Lynda Ward or Teachers Name)”**.

To Use:

In Person:

While working on recipient, mentally or aloud state: **Universal Healing x 3**

Self Healings:

While working on yourself, mentally or aloud state: **Universal Healing x 3**

Distance: **“(RECIPIENT) will now receive a Universal Healing”**

I like to make my systems as simple as possible. Some of my systems can be experimented with, see what works best for you. Hope my systems are of benefit. Hope they aid you on your spiritual path.

Any feedback: email me: wardlynda (at) ymail (dot) com

Namaste
Lynda